For outdoor enthusiasts at all levels and for all seasons, the Moosalamoo NRA is a 15,875-acre treasure in the heart of the Green Mountain National Forest. More than 70 miles of well-maintained trails—from rugged cliffs to gentle slopes—offer hiking, biking, wildlife and birdwatching, cross-country skiing or snowshoeing. Take in the spectacular scenery with expansive mountain vistas, hardwood and softwood forests, waterfalls, and secluded lakes and streams. Enjoy wilderness solitude or retrace the footsteps of Robert Frost.

The region stretches from the western slopes of the Green Mountains in Lake Dunmore, and from Scenic Route 125 to Route 73. In the gateway villages of Brandon, Middlebury, and Rochester you will find accommodations, restaurants, artisan shops, museums, and a wide variety of activities. See www.moosalamoo.org for more information.
The Species of Moosalamoo

Trees
- Apple
- Aspen
- Beech
- Birch
- Black cherry
- Honeysuckle
- Hickory
- Red maple
- Red & white oak
- Red & white pine
- Red & white pine
- Red & white space
- Tamarack
- Balsam fir
- Sugar maple (Vermont state tree!)

Shrubs
- Blackberry
- Blueberry
- Curant
- Dogwood
- Shad
- Surnac
- Willow
- Alder
- Witch-hazel
- Striped maple
- Viburnum
- Choke-cherry
- Winterberry

Ferns
- Bracken
- Bulbulet
- Christmas
- Cinnamon
- Fraggly
- Grape
- Hayscented
- Lily
- Interrupted
- Long beech
- Maidenhair
- New York
- Oak ostrich
- Polyposy
- Rattlesnake
- Sensitive
- Sploewort
- Marginal & spine lose wood

Wildflowers
- Arbutus
- Aster
- Barberry
- Bellwort
- Bluet
- Black-eyed Susan
- Bloodroot
- Chicory
- Clintonia
- Columbine
- Wild ginger
- Hepaticas
- Lady’s slipper orchid
- Leeks
- Queen Anne’s lace
- Woodlily
- Trillium
- Violets
- Wintergreen
- Yarrow
- Red clover (Vermont state flower!)

Mammals
- Beaver
- Brown bat
- Black bear
- Chipmunk
- Coyote
- Fox
- Moose
- Opossum
- Red & grey squirrel
- Porcupine
- Skunk
- Raccoon
- Snowshoe hare
- Cotton tail rabbit
- White-tailed deer
- Woodchuck

Birds
- Peregrine falcon
- Osprey
- Northern goshawk
- Raven
- Loon

Warblers
- Canadian Blackburnian
- Black-throated green & blue
- Mourning
- Blackpoll
- Yellow-throated vireo
- Philadelphia vireo

Flycatchers
- Least
- Yellow-bellied
- Olive-sided
- Alder

Golden-crowned kinglet
- Ruby-crowned kinglet
- Evening grosbeak
- Wild turkey
- Ruby-throated
- hummingbird
- Swainson’s
- Blackburn’s
- Hermit thrush (Vermont state bird!)

Moosalamoo National Recreation Area Trails

Cross Moosalamoo Trail - 19 mi.
- Oak Ridge - 8.0 mi.
- Mt. Moosalamoo - 2.5 mi.
- North Branch - 2.25 mi.
- Rattlesnake Cliffs
- Silver Lake - 1.0 mi.
- Rocky Point - 0.5 mi.
- Chandler Ridge - 4.0 mi.
- Leicester Hollow - 0.75 mi.

Blueberry Hill X-C Ski Trails (Insert 2)
- Beaver Dam
- Beginner’s Loop
- Catamount
- Elsie’s Loop
- Hallam Buhright
- Hogback
- Horsehoe
- Lee Field
- Moosalamoo Campground
- Stuart
- Sucker Brook

Wilkinson Trails (Insert 1)
- A.C.A. Trail - 0.4 mi.
- Beaver Pond Crossing - 0.1 mi.
- Blueberry Run - 0.6 mi.
- Blue Heron Run - 0.4 mi.
- Goshen Brook - 0.4 mi.
- Moose Loop - 2.2 mi.
- Shanty’s Loop - 0.6 mi.
- Willow Run - 0.6 mi.
- Zip - 0.1 mi.

Water Tower Trails (Insert 4)
- Afternoon Delight - 0.5 mi.
- Connector - 0.07 mi.
- Coolwater - 0.3 mi.
- North Star - 1.0 mi.
- Sundown - 0.4 mi.
- Tripeladon - 0.3 mi.
- Widow’s Clearing - 2.99 mi.

Trailheads
- Silver Lake: Blueberry West Trailhead, VT Rd 73, Addison
- Silver Lake East Trailhead, Forest Road 83, Goshen
- Oak Ridge Trailhead, VT Rd 112, East Middlebury
- Moosalamoo South and Moosalamo Campground, Hl 24, Goshen
- Mapper’s Brook Trailhead: Forest Road 9, Ripton
- Middleton Hollow South Trailhead: Coal Hill Road, off VT Rd 73, Goshen
- Economics Trailhead: Forest Road 9, Ripton

For more information, contact:
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